

spectaturs feinessen

Tödistr. 44, 8002 Zürich, Tel.: 043 / 817 65 66

Pick-up Time from 09:00 - 17:00h / delivery-time 10:00 - 11:30h / 14:00 - 17:00h

Faxnumber: 043 / 817 61 18

(at least 2h before delivery-time / quantity above 10 Sandwiches: the day before)

minimal order-value: CHF 50.--

Ordersheet for Pick-up / Delivery			
Name / Companyname:			
Contactperson:			
Adresse:			
Tel. / Email			
Date of pick-up / time			
Date of delivery / time	for delivery we charge delivery-costs		
vegetarian Sanswiches			
Name	Ingredients	Price (CHF)	Amount
Avocado - Rocket	Ciabatta-bread (white) or sunflower-seed bread (dark) with mayonaise (without eggs / on soya-basis), dried tomatoes, avocado slices, parmesan-cheese and rocket-salad		
	Ciabatta-bread (white)	6.50	
	Sunflower-seed bread (dark)	6.50	
Goat-Cheese - Honey	dark Grain-bread with goat-Cheese, rocket-salad, Aceto Balsamico, Walnuts, Honey	7.20	
Spinach - Cheese	Pumpkin-seed bread (dark) with softly cooked spinach and Swiss Mountain-Cheese	6.30	
Tuna	3-grain-bread (dark) with green salad, homemade tuna-mousse (without onion) and peppadew	6.60	
Meat-Sandwiches			
Chicken rastafire	Pumpkin-Seed bread (dark) with green salad, chicken-slices (CH), cucumber and chili-dressing	7.20	
Mostbröckli	3-Grain-bread (dark) with green salad, cornichons and air-dried beef (Mostbröckli / CH)	8.00	
Parma-ham - Rocket	dark Grain-bread with cream-Cheese, rocket-salad parma-ham, Aceto Balsamico (during Figue-Season with fresh figues/ CHF 8.30)	8.00	
daily soup / daily menü (actualised on the Internet, under "daily special")			
Daily soup big (3dl)	with dark bread	7.40	
Menü	with meat	18.50	
Menü	vegetarian	16.00	
Salads (vegetarian)			
Beetroot - Celery	Beetroot with Celery (raw) and Apple-Julienne, on horseradish-dressing and walnuts	6.00	
Carrot	Carrots with poppy-seeds, fresh mint, ginger and rasins	6.00	
Couscous	Couscous (marocean) with rasins, eggplant and pines	6.00	
Pasta	Pasta with dry tomatoes, Parmesan-Cheese, soft red pesto-sauce and pines	6.00	

Salads (vegetarian)			
Name	Ingredients	Price	Amount
Mixed Salad	Green salad, carrots, cucumber, corn and seasonal vegetables (please choose your incl. dressing below)	6.30	
Spinach - Feta-cheese	Fresh young spinach leaves with feta-cheese, fresh thymes and lime-dressing (only Season-Time)	7.30	
Chicory-Orange	Fresh chicory with oranges, dates and walnuts (please choose your included dressing below)	7.30	
Rocket-Figues (only in Figues-season)	Fresh rocket-salad with Parmesan-cheese and fresh figues with honey-dressing	7.30	
Nüssli - Egg	Fresh Nüssli-salad with eggs (CH) and pumpkin-seeds (please choose your included dressing below)	7.20	
Thai-Papaya	Vegetable-papaya with carrots, peanuts and spicy homemade thai-dressing	7.20	
Salads (meat)			
Chicken	Chicken-slices (CH) with green salads, cucumber and pumpkin-seeds (please choose your incl. Dressing below)	8.60	
Thai-Chicken (not daily, please ask)	Chicken-slices (CH) with green salad, cucumber, carrots, fresh coriander, mint and spicy Thai-Dressing	16.00	
Fitness-Menü (with meat)	Chicken-slices (CH) with green salad, cucumber and two salads (Carrots / Pasta). With peace of bread and 1 salad-Dressing (your own choice below)	15.00	
Dressings (extra portion 0,60 Rappen)			
French	Rape-oil, Aceto Balsamico bianco, low fat curd cheese, mustard, herbs		
House	Rape-oil, red wine vinegar (homemade), mustard, herbs, fruit-juice, salt, pepper		
Italien	Olive-Oil, Aceto Balsamico, salt, pepper, herbs		
Desserts			
Birchermüsli	homemade with fruits and almonds, without cream	6.80	
Fruit-Salad with topping	"Spring-, summer-, autumn and winter-dream" fruitsalad with seasonal fruits and cream-variations	6.30	
Mangocreme	with Nature-yogurt, mango-pulpe and fresh mango-pieces	6.10	
Mousse au Chocolat	made with whipped cream (without Eggs)	6.10	
Tiramisu (not every day, please ask)	"italian" with coffee and Amaretto, mascarpone-crème (with sugar and eggs) and biscuits - (not in Summer available) or Coconut-pineapple-tiramisu with pineapple, Blanc battu, coconutmilk and biscuits or strawberry-tiramisu with strawberries, mascarpone, Blanc battu and biscuits	6.30	
Cakes			
Engadiner Nusstorte	Original Engadiner nut-cake / round 90g	4.20	
Brownie	Freshly baked with chocolate and pecan	2.40	
Maroni-Cake	Maroni-Cake	4.60	
Cheesecake	classic American-Cheesecake with mixed berries	5.60	

spectaturs adjusts the variety according to seasonal availability; Daily specials under www.spectaturs.com

Up-dated February 1st, 2010

